

PRAYING THE TRINITY - WEEK OF DECEMBER FOURTEENTH

**How to Use this Sheet:** The Trinity is a foundational belief for the Christian. However, it is also an idea that is difficult, if not impossible, to understand when using a typical approach to learning. Instead, we must approach the Trinity and our formation by it with open minds guided by contemplative practices. To that end, the following readings are designed to be read repeatedly and prayed over on the assigned days as we work towards deeper understanding of our faith.

**A Trinitarian Hymn for Thursday**

Effortlessly, love flows from God into man, like a bird who rivers the air without moving her wings.

Thus we move in His world, one in body and soul, though outwardly separate in form.

As the Source strikes the note, humanity sings --

The Holy Spirit is our harpist, and all strings which are touched in Love must sound.

Mechthild of Magdeburg

**A Trinitarian Reading for Friday - John 3:8**

The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit."

**A Trinitarian Reading for Saturday** - *Humans get excited about something only if it includes them in some way.* God surely knew this about us, and so God included us inside of God's own knowing - by planting the Holy Spirit within us as the Inner Knower and Reminder of "all things" (see John 14:26). This is indeed a *re-minding*, a very different kind of mind that tis given to us! - Richard Rohr

**A Trinitarian Reading for Sunday** - Do you see the point? A world of one dimension would be a straight line. In a two-dimensional world, you still get straight lines, but many lines make one figure. In a three-dimensional world, you still get figures but many figures make one solid body. In other words, as you advance to more real and more complicated levels, you do not leave behind you the things you found on the simpler levels: you still have them, but combined in new ways - in ways you could not imagine if you knew only the simpler levels. - C.S. Lewis

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**A Trinitarian Reading for Monday**

The Spirit of God blows where it will...

renewing us in baptism and resurrection.

Source of light and life, the Spirit makes of me a temple and makes me divine....

Everything that God does is done by the Spirit.

The Spirit multiplies in tongues of fire and multiples gifts, raising up preachers, apostles, prophets, pastors, teachers.

- Gregory Nazianzen

**A Trinitarian Reading for Tuesday - Genesis 1:26-28**

God spoke: "Let us make human beings in our image, make them reflecting our nature...So they can be responsible for the fish in the sea the birds in the air, the cattle...And, yes, Earth itself, and every animal that moves on the face of Earth."

God created human beings; he created them godlike...Reflecting God's nature...He created them male and female.

God blessed them: "Prosper! Reproduce! Fill Earth! Take charge!

Be responsible for fish in the sea and birds in the air, for every living thing that moves on the face of Earth."

**A Trinitarian Reading for Wednesday**

To be grateful is to recognize the Love of God in everything He has given us - and He has given us everything. Every breath we draw is a gift of His love, every moment of existence is a grace, for it brings with it immense graces from Him.

Gratitude therefore takes nothing for granted, is never unresponsive, is constantly awakening to new wonder and to praise of the goodness of God. For the grateful person knows that God is good, not by hearsay but by experience. And that is what makes all the difference.

- Thomas Merton

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