

PRAYING THE TRINITY - WEEK OF DECEMBER SEVENTH

How to Use this Sheet: The Trinity is a foundational belief for the Christian. However, it is also an idea that is difficult, if not impossible, to understand when using a typical approach to learning. Instead, we must approach the Trinity and our formation by it with open minds guided by contemplative practices. To that end, the following readings are designed to be read repeatedly and prayed over on the assigned days as we work towards deeper understanding of our faith.

A Trinitarian Hymn for Thursday

As I sing the power of the Father
 my singing awakes in me
 the deepest of emotions!
 Hail, O source of the Son!
 Hail, O image of the Father!
 Hail, O dwelling of the Son!
 Hail, O imprint of the Father!
 Hail, O power of the Son!
 Hail, O beauty of the Father!
 Hail, O Spirit most pure,
 Bond of the son and the Father!
 O Christ, send down on me
 This Spirit with the Father,
 That he may sprinkle my soul
 with his dew
 And fill it with his royal gifts.
 - Synesius of Cyrene

A Trinitarian Reflection for Friday

The language of souls is their desire.
 - Gregory the Great
What is it you desire?

A Trinitarian Reading for Saturday - John 20:19-23 -

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

A Trinitarian Reading for Sunday - The revelation of the Trinity has unfolded and continues to unfold in history. For Pentecost is a beginning, causing to spring up a river of life which flows, now underground, now on the surface, quickening its pace, which will one day - the Last Day - flow out into the sea, in the universal transfiguration. - Olivier Clément

PRAYING THE TRINITY - WEEK OF DECEMBER SEVENTH

How to Use this Sheet: The Trinity is a foundational belief for the Christian. However, it is also an idea that is difficult, if not impossible, to understand when using a typical approach to learning. Instead, we must approach the Trinity and our formation by it with open minds guided by contemplative practices. To that end, the following readings are designed to be read repeatedly and prayed over on the assigned days as we work towards deeper understanding of our faith.

A Trinitarian Hymn for Thursday

As I sing the power of the Father
 my singing awakes in me
 the deepest of emotions!
 Hail, O source of the Son!
 Hail, O image of the Father!
 Hail, O dwelling of the Son!
 Hail, O imprint of the Father!
 Hail, O power of the Son!
 Hail, O beauty of the Father!
 Hail, O Spirit most pure,
 Bond of the son and the Father!
 O Christ, send down on me
 This Spirit with the Father,
 That he may sprinkle my soul
 with his dew
 And fill it with his royal gifts.
 - Synesius of Cyrene

A Trinitarian Reflection for Friday

The language of souls is their desire.
 - Gregory the Great
What is it you desire?

A Trinitarian Reading for Saturday - John 20:19-23 -

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

A Trinitarian Reading for Sunday - The revelation of the Trinity has unfolded and continues to unfold in history. For Pentecost is a beginning, causing to spring up a river of life which flows, now underground, now on the surface, quickening its pace, which will one day - the Last Day - flow out into the sea, in the universal transfiguration. - Olivier Clément

A Trinitarian Reading for Monday

Know to what extent the Creator has honored you above all the rest of creation. The sky is not an image of God, nor is the moon, nor the sun, nor the beauty of the stars, nor anything of what can be seen in creation. You alone have been made the image of the Reality that transcends understanding, the likeness of imperishable beauty, the imprint of true divinity, the recipient of beatitude, the seal of the true light. When you turn to him you become that which he is himself ... There is nothing so great among beings that it can be compared with your greatness. God is able to measure the whole heaven with his span. The earth and the sea are enclosed in the hollow of his hand. And although he is so great and holds all creation in the palm of his hand, you are able to hold him, he dwells in you and moves within you without constraint, for he has said, "I will live and move among them" (2 Corinthians 6:16). - Gregory of Nyssa

A Trinitarian Call for Tuesday

Hasten to the springs, draw from the wells.

In God is the wellspring of life,

A spring that can never fail.

In his light is found a light

That nothing can darken.

Desire that light which your eyes know not!

Your inward eye is preparing to see the light.

Your inward thirst burns to be quenched at the spring.

- Augustine of Hippo

A Trinitarian Reading for Wednesday - James 1:22-25

But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing.

A Trinitarian Reading for Monday

Know to what extent the Creator has honored you above all the rest of creation. The sky is not an image of God, nor is the moon, nor the sun, nor the beauty of the stars, nor anything of what can be seen in creation. You alone have been made the image of the Reality that transcends understanding, the likeness of imperishable beauty, the imprint of true divinity, the recipient of beatitude, the seal of the true light. When you turn to him you become that which he is himself ... There is nothing so great among beings that it can be compared with your greatness. God is able to measure the whole heaven with his span. The earth and the sea are enclosed in the hollow of his hand. And although he is so great and holds all creation in the palm of his hand, you are able to hold him, he dwells in you and moves within you without constraint, for he has said, "I will live and move among them" (2 Corinthians 6:16). - Gregory of Nyssa

A Trinitarian Call for Tuesday

Hasten to the springs, draw from the wells.

In God is the wellspring of life,

A spring that can never fail.

In his light is found a light

That nothing can darken.

Desire that light which your eyes know not!

Your inward eye is preparing to see the light.

Your inward thirst burns to be quenched at the spring.

- Augustine of Hippo

A Trinitarian Reading for Wednesday - James 1:22-25

But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing.